

# Patient Intake Form

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_  Male  Female  Other

**Address:** \_\_\_\_\_

**SSN#:** \_\_\_\_\_ **Marital Status:**  

S	M	W	D	SEP
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**Insurance:** \_\_\_\_\_

**Phone #:** Cell: \_\_\_\_\_ Other: \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Occupation/Employer:** \_\_\_\_\_

**Note:** Patient information contained within this form is considered strictly confidential. Your responses are important to help us better understand your health issues you face and ensure the delivery of the best possible treatment.

**Emergency Contact:** \_\_\_\_\_

**Phone number:** \_\_\_\_\_

## Check boxes and indicated the age when you had any of the following:

### General:

- Allergies
- Depression
- Dizziness
- Fainting
- Fatigue
- Fever
- Headaches
- Loss of Sleep
- Mental Illness
- Nervousness
- Tremors
- Weight loss/gain

### Muscle / Joint:

- Arthritis/Rheumatism
- Bursitis
- Foot Trouble
- Muscle Weakness
- Low back Pain
- Neck Pain
- Mid Back Pain
- Joint pain

### Skin:

- Boils
- Bruise easily
- Dryness
- Hives or Allergies
- Itching
- Rash

### Eye, Ear, Nose, & Throat:

- Colds
- Deafness
- Ear ache
- Eye pain
- Gum Trouble
- Hoarseness
- Nasal obstruction
- Nose bleeds
- Ringing of the ears
- Sore throat
- Tonsillitis
- Vision problems
- Sinus infection

### Gastrointestinal:

- Abdominal Pain
- Bloody or Tarry Stool
- Colitis/Crohn's
- Colon Trouble
- Constipation
- Diarrhea
- Difficult Digestion
- Diverticulosis
- Bloated Abdomen
- Excessive Hunger
- Gallbladder Trouble
- Hernia
- Hemorrhoids
- Intestinal Worms
- Jaundice
- Liver Trouble
- Nausea
- Vomiting Blood
- Pain over stomach
- Poor Appetite
- Vomiting

### Women Only:

- Congested breast
- Hot flashes
- Lumps in breast
- Menopause
- Vaginal discharge

### Menstrual Flow:

Days of flow: \_\_\_\_\_

Length of cycle: \_\_\_\_\_

Date: 1<sup>st</sup> day of last period: \_\_\_\_\_

would you say flow is:  
 Reg.  Irreg.

Are you pregnant? \_\_\_\_\_

If yes, how many months? \_\_\_\_\_

How many children do you have? \_\_\_\_\_

Birth control method: \_\_\_\_\_

Date of last PAP test: \_\_\_\_\_  Normal  Abnormal

Date of last mammogram: \_\_\_\_\_  Normal  Abnormal

### Cardiovascular:

- High blood pressure
- Low blood pressure
- Hardening of the arteries
- Irregular pules
- Pain over heat
- Palpitation
- Poor circulation
- Rapid heartbeat
- Slow heart beat
- Swelling of ankles

### Respiratory:

- Chest Pain
- Chronic cough
- Difficulty breathing
- Hay Fever
- Shortness of breath
- Spitting up phlegm / blood
- Wheezing

### Genitourinary:

- Bed-wetting
- Bladder infection
- Blood in urine
- Kidney infection
- Kidney stones
- Prostate troubles
- Pus in urine
- Stress incontinence
- Painful urination

### Check any of the conditions you have or have had:

- Alcoholism
- Anemia
- Appendicitis
- Arteriosclerosis
- Asthma
- Bronchitis
- Cancer
- Chicken Pox
- Cold Sores
- Diabetes
- Eczema
- Edema
- Emphysema
- Epilepsy
- Goiter
- Gout
- Heart Burn
- Heart disease
- Hepatitis
- Herpes
- High cholesterol
- HIV/AIDS
- Influenza
- Malaria
- Measles
- Miscarriage
- Multiple sclerosis
- Mumps
- Numbness/tingling
- Pace maker
- Osteoporosis
- Pneumonia
- Polio
- Rheumatic fever
- Stroke
- Thyroid disease
- Tuberculosis
- Ulcers

# Patient Intake Form

Please list any medications/supplements you are currently taking and why: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

What is the purpose of your visit today? \_\_\_\_\_

What is your primary complaint? \_\_\_\_\_

Any other complaints? \_\_\_\_\_

What caused the current condition? \_\_\_\_\_ When did it start? \_\_\_\_\_

Does the pain radiate? If so, where? \_\_\_\_\_

(Please circle your answers below)

Since your condition started, how has it changed? Getting Better Not Changing Getting Worse

How often do you experience this complaint? Constantly (100%) Frequently (75%) Occasionally (50%) Intermittently (<50%)

Does your complaint worsen? If so, when: Morning Midday Night Work Sleep Other \_\_\_\_\_

How much has the complaint interfered with your normal day to day life? (Work, outside the home, and housework)

Not at all A little bit Moderately Quite a bit Extremely

How much would you say this complaint has affected your social activities?

All the time Most of the time Half of the time Some of the time Not at all

## Severity:

Use this key below to rate the severity of your pain. Please write in your number: \_\_\_\_\_

0 = No Pain 1 = Minimal 2 = Very Mild 3 = Mild 4 = Mild to Moderate 5 = Moderate 6 = Moderate to Severe  
 7 = Mildly Severe 8 = Severe 9 = Very Severe 10 = Excruciating

## Quality: How would you describe the current sensation of your complaint?

- Sharp pain  Shooting pain  Numbness  Tingling  Dull Ache  Burning  Throbbing  
 Other \_\_\_\_\_

## Previous Treatment:

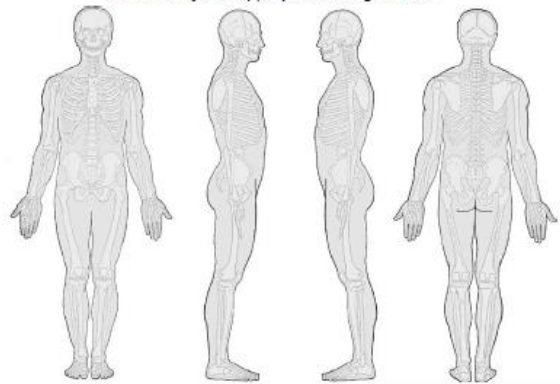
Who have you seen for this condition?

- Medical Doctor  Physical Therapist  
 Chiropractor  Other \_\_\_\_\_

Have you had Chiropractic/Physical Therapy care in the past?

- Yes  No If so, When? \_\_\_\_\_

Please mark you area(s) of pain on the figure below



## Family History:

If any blood relatives has had any of the following conditions,

Please check and indicate which relative(s)

- |                                           |                                        |                                              |
|-------------------------------------------|----------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Alcoholism       | <input type="checkbox"/> Cancer        | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Anemia           | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> High Cholesterol    |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Emphysema     | <input type="checkbox"/> Multiple Sclerosis  |
| <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Epilepsy      | <input type="checkbox"/> Osteoporosis        |
| <input type="checkbox"/> Asthma           | <input type="checkbox"/> Glaucoma      | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Bleed easily     | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Thyroid disease     |

Please note any additional information we may need to know in regards to your family history:

\_\_\_\_\_  
 \_\_\_\_\_

## Habits:

	None	Light	Mod.	Heavy
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sugars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Any additional habits that are not listed above:

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Reviewed by Doctor: \_\_\_\_\_